

# SPARK FALL 2019



**September 20<sup>th</sup>, 27<sup>th</sup>, October 4<sup>th</sup>, 11<sup>th</sup> from: 8:35-10:35**

- all fees range from \$0-25 except for Babysitting. Fees are due on September 20<sup>th</sup>.
- You may pay school cash online, by cash or cheque (payable to George Street Middle School)
- Fees are charged whether a student attends or not since we must pay for the instructor and/or bus.
- There are 34 options; we will do our best to ensure students get one of their top 6 choices.

## **Volunteering and Life Skills**

### **Good Neighbour**

What are employers looking for? Would you make a good employee? Find out about job skills then go into our community and be a "good neighbor" by sharing your skills with local merchants or community groups. Being a good volunteer will make our neighborhood a better place (and may someday help you get a job)! **Grade 8 students only.** You cannot do this SPARK twice in one school year.

**Enrollment: 20**

**Meet in room #302**

**No fee**

### **Global Minds**

If you are passionate about making a difference, if you are interested in helping newcomers feel welcome at our school, if you would like to meet students from around the world, this is the SPARK for you! The primary goal of Global Minds is to bring students from diverse backgrounds together through community service and student-led activities centered on human rights, diversity, sustainable development and international relations. Join us as we create our events calendar for the year, eat, play, talk and create change together! **Grade 7 and 8 students only.**

**Enrollment: 40**

**Meet in room 202**

**Fee: \$5**

### **Babysitting**

Students who are 12 or will be turning 12 before January 1<sup>st</sup> 2020 can take the certified babysitting course. You will go through the training to become a qualified babysitter. Topics include child safety, how to react in unpredictable situations, how to care for and change an infant and all the responsibilities involved when being asked to babysit young children. Participants will be expected to attend all four weeks and write a test at the end of the course. Students who pass the test will receive a certificate qualifying them to babysit and be paid for their services. There is a certificate issued upon course completion.

**Enrollment: 20**

**Meet in grade 6 Annex #21**

**Fee: \$40**

### **Newcomer SPARK**

New to Canada? New to Fredericton? This is the SPARK for you! From local adventures and tourist attractions to delicious Canadian cuisine - join us as we visit popular and historic landmarks in our great city. Come learn about what Fredericton has to offer!

**Enrollment: 15**

**Meet in room #311 (EAL Room)**

**Fee: \$5**

## **Cooking**

Do you enjoy eating delicious, healthy food? Do you have an interest in learning how to be more creative in the kitchen? If so, the Healthy Cooking SPARK is right for you! Join us at Greener Village for an enhanced and enjoyable cooking and eating experience.

**Enrollment:** 15

**Meet in gr 6 Annex rm #13**

**Fee:** \$25

## **Physical Fitness and Wellness**

### **Bungee Fitness**

Bungee Classes at The Aerial Den are the most fun you will ever have working out! It's a combination of cardio and body weight exercises while in a harness, attached to a bungee system that is installed to steel beams in the ceiling. You will do a series of fun games and exercises during the sessions. All fitness levels can do this! Everyone smiles in a bungee!

**Enrollment:** 7

**Meet in room #210**

**Fee:** \$25

### **Golf**

Would you like to learn more about playing golf? During this SPARK, you will learn about the fundamentals of the golf game at the beautiful Kingswood Golf Course. Skills such as balance, rotation, golf swing and putting will be taught. The fee includes four golf lessons by the Assistant Golf Pro as well as transportation. Students can share the equipment or drop off their own clubs at the Kingswood Golf Course where it can be kept for the SPARK sessions.

**Enrollment:** 20

**Meet in room #318**

**Fee:** \$25

### **Backyard Games**

In this SPARK, you will have the opportunity to go to the Green and play a variety of outdoor games such as croquet, ladder toss, washer toss, bocce ball and many more. All that is needed is a positive attitude and a friendly level of competitiveness.

**Enrollment:** 24

**Meet in room #23 (gr 6 annex)**

**Fee:** \$0

### **Yoga & Mindfulness**

Join us for a session of yoga and mindfulness activities with Juliane Nowe and Ms. Gorman. Juliane is a certified yoga instructor who specializes in teaching mindfulness to youth. We will use the River Room for this session or, if the weather is nice, we will have this SPARK outside. Come prepared with appropriate yoga clothes, a snack, and water bottle.

**Enrollment:** 20

**Meet in room #306 The River Room**

**Fee:** \$15

### **Archery**

This is an introduction to the sport of archery. Students will learn the proper techniques and form from experienced archers. Students will get lots of practice time and even participate in team against team competitions.

**Enrollment:** 28

**Meet in room #22 (gr 6 annex)**

**Fee:** \$20

## Rockwall Climbing

Want to learn how to rock climb? Then this SPARK is for you! Every members of the UNB Rock and Ice club offering 30 minutes of instruction on climbing techniques and safety, followed by 30 minutes to practice your skills in their indoor rock climbing wall. Students will walk to the facility and back to the school.

**Enrollment:** 20

**Meet in Room #201**

**Fee: \$25**

## Lift Fitness

You get to experience a local fitness gym in Fredericton and receive instruction from trained personal fitness instructors. Focus will be on learning the basics to proper use of equipment used in a fitness gym, strength and endurance training, and individual and team-based fitness challenges. Get ready to increase your level of fitness in a safe and fun environment. Gym clothing, inside sneakers, and a water bottle are required.

**Enrollment:** 20

**Meet in the balcony**

**Fee \$25**

## Floor Ball

Floor ball is a fast-paced, exciting and safe game. At first glance, it resembles floor hockey or ball hockey but is played with specialized light-weight fibre glass or carbon fibre sticks and rules that promote safety and skill. This is for boys and girls, all grade levels.

**Enrollment:** 20

**Meet in the gym**

**No fee**

## Swimming

Students will take the bus to the Fredericton Indoor Pool for some swimming fun - (no instruction). All students must wear modest swimwear.

**Enrollment:** 45

**Meet in room #214**

**Fee: \$10**

## Tennis

This SPARK will be held at the Abony Tennis Center! You will learn the basic fundamentals of how to play tennis, the rules of the game and experience mini matches! We will supply the racquet and all you need to bring are your NON MARKING sneakers and a smile!

**Enrollment:** 20

**Meet in room #315**

**Fee: \$20**

## Biking

Students will need bicycles in good working order with brakes. As well, helmets are **MANDATORY**. Students will bike the trails in and around Fredericton. Students will need to have their bikes transported to the school.

**Enrollment:** 40

**Meet in room #205**

**No fee**

## Beach Volleyball

Do you love indoor volleyball? Why not take it outside with our Beach Volleyball spark? A little more challenging but A LOT more fun! This spark will consist of playing in a mini tournament every week. You'll meet new friends and have a blast! Once you try this sport you'll be hooked!

**Enrollment:** 40

**Meet in room #205**

**Fee \$10**

## Fencing

Learn the exciting sport of Olympic fencing! This is an introduction to the sport with games, footwork & plenty of fencing, ending with a team competition. Students should dress comfortably in **long pants, wear indoor, non-marking sneakers and bring a water bottle**. En garde!

**Enrollment:** 16

**Meet in room #24 (gr 6 annex)**

**Fee: \$25**

## **Bowling**

Students will travel to Kingswood and take part in ten-pin bowling. Participants will have a quick warm up, and then have the opportunity to play a string of bowling. This is open to experienced and first time bowlers!

**Enrollment: 30**

**Meet in room #103**

**Fee \$20**

## **Soccer Baseball**

We will walk to queen Square (baseball field) and play soccer baseball- as the title suggests, it's a game that combines the game of baseball but with a soccer ball instead of a ball and bat.

**Enrollment: 20**

**Meet in room #304**

**No fee**

## **Technology**

### **Robotics**

Do you love working with electronics? Do you enjoy building robots and programming them? Using the LEGO MindStorm system, you will build robotic systems. Also, you will compete with others to see if your robot can complete an obstacle course and/or be the victor of an epic Robot Battle. We will walk to Science EAST!

**Enrollment: 16**

**Meet in room #215**

**Fee: \$20**

### **Lego**

Do you enjoy creating something original and one of a kind? Do you like to be part of a team inventing something amazing or would you rather create your own masterpiece? If you said yes to these questions than the LEGO SPARK may be for you.

**Enrollment : 20**

**Meet in Room # 310**

**Fee: \$4**

### **Digital Lightboxes**

Students will create a colourful electronic light box as part of a collective story. Twelve students will split off in to groups of six to write their own story or replicate a classic fable. Each student will then build a lightbox using creative coding and construction to depict a panel of their story. Their boxes will be combined to create a comic book style storyboard.

**Enrollment : 12**

**Meet in Room # 115 MakerSpace**

**Fee: \$0**

### **Cyber Titans**

This group will run from September to the end of May. Cyber Titans is for a keen group of students who want to develop cyber security skills in school to equip them with critical digital and cyber skills. Cyber Titans is focused on preparing middle school students with skills for the digital economy by creating learning opportunities for students to engage in hands-on simulated environments that develop skills necessary to pursue further training in High School and Post-Secondary Programs. This identify roles students can play to help secure our systems.

**Enrollment: 15**

**Meet in room #113 Tech Room**

**Fee: \$0**

## **Creative Options**

### **Photography**

This SPARK will teach you how to compose great photographs using your phones or digital cameras. Get inspired by the ideas you'll see and hear. Have fun creating many photos from nature and found objects. We will also do one day as a scavenger hunt all around the downtown area. Make beautiful pictures for fun- they make great gifts too!

**Enrollment: 20**

**Meet in Room #12 (gr 6 annex)**

**No Fee**

## **SPARK - NB College of Craft and Design**

Do you love fashion? Arts? Hands-on creativity? In this SPARK, we have partnered with the New Brunswick College of Craft and Design to offer students a variety of workshops each week such as fashion design, t-shirt dyeing, and more! One of the SPARKS will include walking over to the college and having our own personal tour!

**Enrollment: 20**

**Meet in rm #31 (Gr 6 annex/guidance)**

**Fee: \$0**

## **Snack 'n Paint**

"Have you ever thought you'd like to paint but didn't know how or where to start? Come join artist Andrea Parent Milley for step by step instruction to create your very own masterpiece. No experience necessary. By learning different techniques and how to use the tools you will build confidence in your abilities and leave with completed paintings done by you to hang on your wall! "

**Enrollment: 25**

**Meet in room #309**

**Fee: \$25**

## **Arts & Crafts: Jewelry Making, Sewing, Paper Crafts**

Join us as we create a completely different craft project EACH WEEK! You'll BLING things up by creating a one of a kind jewelry set. The fun will continue as you create handcrafted greeting cards and even learn to sew your own mini iPod or phone holder. Yes, you read that right! All supplies are included. See you there!

**Enrollment: 20**

**Meet in grade 6 Annex # 14**

**Fee: \$20**

## **String Art**

String Art is the perfect combination of word working and crafting. Students will have the opportunity to use wood, nails, and string to create intricate and fashionable designs for decorating and gifts. Students will be working with 'String by Sterling,' a local string artist, who will guide them through the creation of their own string art pieces, as well as show them about the business of being a local art vendor at the Boyce Farmer's Market. If your industrious, creative, or simply want to try something new, String Art is for you!

**Enrollment: 20**

**Meet in room 303**

**Fee: \$25**

## **Clay**

In the clay hand building SPARK, students will learn a number of different hand building techniques. These techniques include coil pots, slab work, pinch pots, and more. One technique will be taught each week, and projects will be painted on the last day of SPARK. Students can take home all of the work they create.

**Enrollment: 20**

**Meet in room #110 Art Rm**

**Fee: \$10**

## **Clay Cafe**

If you like crafts, you will love this SPARK. We will be walking down to the Clay Café store for each SPARK session. You will have a few choices of pottery to decorate. You may also want to bring a toonie for a treat.

**Enrollment: 50**

**Meet in the gr6 Annex rm #11**

**Fee: \$25**

## **Book it!**

This SPARK is for those that love to read. You will get time to read, visit a local book store and the Fredericton Public Library Youth Librarian will come to visit you to chat about the options at the public library. If you like books this is the SPARK for you.

**Enrollment: 15**

**Meet in the library**

**No fee**

## **Games Unplugged**

Unplugged on Queen Street has over 600 individual and group board games, and we want you to come and check them out! There are sure to be games you haven't even heard of! Come try something new and enjoy the huge array of games to choose from. We will walk every Friday to the Unplugged location.

**Enrollment: 40**

**Meet in Room #212**

**Fee: \$15**

## **Beginner Band SPARK**

Do you play a musical instrument? Would you like to? Beginner Band SPARK is for students who have never played a musical instrument before, or students who are new to their instrument, and would like to learn from the pros. Learn how to play your best in a fun, welcoming environment with professional musicians. This SPARK is highly encouraged for any Grade 6 student who plans to play in our school band program, as well as any student in Grade 6, 7 or 8 who is new to their instrument and would like to join band.

**Enrollment: 50**

**Meet in the Band Room #109**

**Fee: TBD**